

Tofu 豆腐

- 86 **Ma Po Tofu** £6.50
diced tofu with pork mince in chilli sauce
- 87 **Sweet and Sour Tofu (v)** £6.50
- 88 **Tofu in Black Bean Sauce (v)** £6.50
- 89 **Four Treasures (v)** £6.50
tofu, carrots, bamboo shoots and Chinese mushrooms in oyster sauce
- 90 **'Home Style' Tofu (v)** £6.50
deep fried tofu with mixed vegetables in light soy sauce
- 91 **Gwo Ta Tofu (v)** £6.50
tofu delicately coated with egg batter in ginger sauce

Vegetables 素菜

- 92 **Buddha's Fry** £6.00
mixed vegetables, wood ear fungi
- 93 **Three Delight Vegetables** £6.00
broccoli, asparagus and pak choi
- 94 **Asparagus** £6.40
in light ginger sauce
- 95 **Mixed Vegetables** £5.10
- 96 **Spring Onions** £5.10
in black bean and chilli sauce
- 97 **Sea Spice Vegetables** £5.10
a) aubergine
b) courgette
- 98 **Vegetables in Oyster Sauce** £5.10
a) iceberg lettuce
b) pak choi
c) broccoli
- 99 **Vegetables in Garlic Sauce** £5.10
b) pak choi
c) green beans
e) broccoli
f) bean sprouts

If you have any concerns regarding food allergies, please inform our staff when ordering.

Stir Fry

delivery service
by
Gung-Ho Restaurant

328-332 West End Lane
West Hampstead
NW6 1LN

bookings and takeaway:
020 7794 1444

delivery:
020 7794 5511

www.gung-ho.co.uk

www.stir-fry.co.uk



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Takeaway Menu

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Noodles & Rice 飯麵

- 100 **Shanghai Noodles** £8.60
udon noodles with prawns, scallops and squid
- 101 **'Chow Kway Teow'** £6.60
ho fun noodles with meat and spices
- 102 **Beef Ho Fun Noodles** £6.60
with Chinese cabbage
- 103 **Singapore Fried Vermicelli** £6.60
- 104 **Egg Noodles with**
a) chicken £6.60
b) beef £6.60
c) king prawns £8.60
- 105 **Stir Fried Egg Noodles** £6.60
with mixed meat and shrimps
- 106 **Pan Fried Thin Soft Noodles (v)** £4.80
with bean sprouts
- 107 **Mixed Vegetable Noodles (v)** £5.80
- 108 **Smoked Chicken Fried Rice** £4.80
with pineapple
- 109 **Yang Chow Special Fried Rice** £4.80
with shrimps and mixed meat
- 110 **Vegetarian Fried Rice (v)** £4.80
- 111 **Egg Fried Rice (v)** £3.00
- 112 **Steamed Rice (v)** £2.50

Side Orders 旁食

- s1 **Prawn Crackers** £1.50
- s2 **Pickled Cabbage Salad** £2.00
- s3 **Duck Sauce** £1.20
- s4 **Sweet and Sour Sauce** £1.20
- s5 **Satay Sauce** £1.20

Dessert 甜品

- d1 **Toffee fruit with Sesame Seeds** £3.50
a) apple
b) banana
c) pineapple
d) lychee
- d5 **Sweet Red Bean Pancake** £4.50

Drinks 飲品

- b1 **Coca-cola / Diet Coke (330ml)** £1.10
7up / Fanta
- b5 **Tsing Tao Beer (330ml)** £2.50
- b6 **Still Mineral Water (750ml)** £2.30
- b7 **Sparkling Mineral Water (750ml)** £2.30

Appetisers 前菜	
1	Crispy Fried 'Seaweed' <i>with grated scallops</i> £4.40
2	Sesame Prawn Toast <i>prawn pâté with sesame seeds</i> £5.60
3	Spring Rolls a) vegetable £3.80 b) meat £3.80
4	Smoked Chicken Shreds <i>crispy smoked chicken in light batter</i> £5.60
5	Chicken Wings <i>with peppercorn salt</i> £4.80
6	Chicken Satay Skewers <i>served with peanut sauce</i> £5.20
7	Bang Bang Chicken (cold) <i>chicken shreds with cucumber salad in a Szechuan peanut dressing</i> £5.40
8	Deep Fried Prawns (4) <i>battered prawns served with sweet and sour sauce</i> £5.40
9	Salt and Pepper Prawns (6) £6.60
10	Soft Shell Crab (each) <i>in peppercorn salt</i> £6.60
11	Deep Fried Squid a) salt and pepper £5.80 b) with sweet and sour dip £5.80
12	Five Spice Spare Ribs <i>seasoned dry ribs</i> £5.80
13	Salt and Pepper Spare Ribs £5.80
14	Honey Glazed 'Mo Sak' Ribs <i>in a sticky sauce with star anise and rock sugar</i> £5.80
15	Dim Sum a) vegetable dumplings (v) £3.80 b) beef Siu Mai £4.00 c) prawn Har Gao £4.20
16	Pork Dumplings a) steamed £4.80 b) grilled <i>served with garlic dressing</i> £4.80
17	Fried Wonton Pastry (v) <i>served with sweet and sour sauce</i> £4.00
18	Vegetable Tempura (v) <i>asparagus, aubergine and baby corn served with Kung Po sauce</i> £4.80
19	Gold Cup (v) <i>small diced vegetables served with crispy pastry shells</i> £4.80
20	Salt and Pepper Tofu (v) £4.80
21	Malaysian Tofu (v) <i>crispy tofu stuffed with mixed chopped vegetables and peanut sauce</i> £4.00
22	Gado Gado salad (cold) (v) <i>blanched vegetables with peanut dressing</i> £4.80
23	Lettuce Wrap <i>with chicken and chopped vegetables</i> £5.80

Soup 湯類	
24	Hot and Sour Soup £3.60
25	Wonton Soup £3.60
26	Sweet Corn Soup a) plain (v) £3.20 b) with chicken £3.80 c) with crab meat £4.20
27	Chicken Noodle Soup £3.40
28	Vegetarian Clear Broth (v) £3.20
29	Fish Fillet Soup £4.80
30	Tom Yum Goong <i>spicy soup with king prawns</i> £4.80

Seafood 海鮮	
31	Lobster (whole) 2lbs <i>served with egg noodle</i> £36.90 a) with ginger and spring onion b) in black bean sauce
32	Steamed Dover Sole £15.80 a) with ginger and spring onion b) in black bean sauce
33	Wok-Grilled Dover Sole £15.80 <i>with light soy sauce</i>
34	Gwo Ta Dover Sole £15.80 <i>filleted in egg batter and light ginger sauce with spring onion</i>
35	Steamed Sea Bass £12.20 <i>filleted</i> a) with ginger and spring onion b) in black bean sauce
36	Sweet and Sour Sea Bass £12.20 <i>filleted</i>
37	Thai Style Sea Bass £12.20 <i>filleted in sweet chilli sauce</i>
38	Wok-Grilled Salmon Steak £10.20 <i>with coriander and light soy sauce</i>
39	Drunken Fish £8.20 <i>fillet of plaice in white wine sauce</i>
40	Quick Fried Scallops and Prawns £9.60 <i>with spring onion</i>
41	'Ganshow' Sautéed Seafood £9.60 <i>scallops and prawns in tangy and spicy sauce</i>
42	Pan Seared Scallops & Asparagus £9.60 <i>with black peppercorn</i>
43	Sea Spice Scallops & Aubergine £9.60 <i>in hot yellow bean sauce</i>

44	Prawns and Mushrooms in Oyster Sauce £9.20
45	Gwo Ta Prawns £9.20 <i>delicately coated with egg batter in ginger sauce</i>
46	Sea Spice Prawns £9.20 <i>with chilli and peppers in hot yellow bean sauce</i>
47	Ginger Prawns £9.20 <i>with spring onion</i>
48	Prawns in Black Bean Sauce £9.20
49	Kung Po Hot Chilli Prawns £9.20 <i>with water chestnuts, walnuts and dried chilli</i>
50	Sweet and Sour Prawns £9.20
51	Tropical Prawns £9.20 <i>with mango and lychee</i>
52	Squid in Black Bean Sauce £8.20
53	Sautéed Squid £8.20 <i>in Szechuan hot bean sauce</i>

Meat 肉類	
54	Crispy Mongolian Lamb £10.00 <i>with iceberg lettuce wraps</i>
55	Quick Fried Lamb Slices £8.20 <i>with spring onion</i>
56	Hunanese Lamb Slices £8.20 <i>with spicy honey sauce</i>
57	Malaysian Rendang Lamb £8.20 <i>simmered with coconut milk</i>
58	Sesame Steak £10.60 <i>with teppanyaki sauce</i>
59	Bulgogi Beef £8.20 <i>Korean style beef slices with onion and sesame seeds</i>
60	Crispy Beef Shreds £8.20 <i>with chilli and carrots</i>
61	Beef in Oyster Sauce £7.60 <i>with mushrooms and bamboo shoots</i>
62	Beef in Black Bean Sauce £7.60
63	Quick Fried Beef Slices £8.20 <i>with spring onion</i>
64	Double Cooked Pork £7.60 <i>with Chinese cabbage and peppers</i>
65	Cantonese Roast £10.00 <i>boneless duck breast and char siu with chinese cabbage</i>
66	Sweet and Sour Pork £7.60
67	Mou Shee Pork £7.60 <i>bamboo shoots, pork, egg and wood fungi with iceburg lettuce wraps</i>

68	Sea Spice Veal Slices £9.50 <i>with water chestnuts and wood fungi in hot yellow bean sauce</i>
69	Quick Fried Veal Slices £9.50 <i>with leeks</i>
70	Veal Escalope £9.50 <i>in lemon and lime sauce</i>
Poultry 禽類	
71	Crispy Aromatic Duck <i>with pancakes, cucumber and spring onion</i> a) quarter £10.50 b) half £18.50 c) whole £34.50 <i>additional</i> d) pancakes (6) £1.60 e) cucumber and spring onion £1.80
72	Cheng Du Duck £9.50 <i>braised in sweet plum sauce</i>
73	Crispy Fried Shredded Duck £9.50 <i>with ginger, chilli and spring onions</i>
74	Gwo Ta Chicken £7.80 <i>chicken breast delicately coated with egg batter in light ginger sauce</i>
75	Stir fried Chicken with a) asparagus £7.80 b) pineapple £7.80 c) mushroom £7.80
76	Sweet and Sour Chicken £7.40
77	Chicken in Black Bean Sauce £7.40
78	Chicken with Ginger and Spring Onion £7.40
79	Sea Spice Chicken £7.40 <i>with chilli and peppers in hot yellow bean sauce</i>
80	Kung Po Hot Chilli Chicken £7.40 <i>with water chestnuts, walnuts and dried chilli</i>
81	Almond Chicken £7.40 <i>in yellow bean sauce</i>
82	Szechuan Chicken £7.40 <i>spicy, served with peppers</i>
83	Gung Ho Chicken Curry £7.40 <i>chinese style curry with peppers and onions</i>
84	Spicy Cashew Chicken £7.40
85	Lemon Chicken £7.40 <i>battered chicken breast fillet in lemon sauce</i>