	IOTU 豆腐	
86	Ma Po Tofu diced tofu with pork mince in chilli sauce	£7.20
87	Sweet and Sour Tofu (v)	£7.20
88	Tofu in Black Bean Sauce (v)	£7.20
89	Four Treasures (v) tofu, carrots, bamboo shoots and Chinese mushrooms in oyster sauce	£7.20
90	'Home Style' Tofu (v) deep fried tofu with mixed vegetables in light soy sauce	£7.20
91	Gwo Ta Tofu (v) tofu delicately coated with egg batter in ginger sauce	£7.20
	Vegetables 素菜	
92	Buddha's Fry mixed vegetables, wood ear fungi	£6.60
92 93		£6.60 £6.60
	mixed vegetables, wood ear fungi Three Delight Vegetables	
93	Three Delight Vegetables broccoli, asparagus and pak choi Asparagus	£6.60
93 94	Three Delight Vegetables broccoli, asparagus and pak choi Asparagus in light ginger sauce	£6.60 £7.00
939495	Three Delight Vegetables broccoli, asparagus and pak choi Asparagus in light ginger sauce Mixed Vegetables Spring Onions	£6.60 £7.00 £5.80
93 94 95 96	Three Delight Vegetables broccoli, asparagus and pak choi Asparagus in light ginger sauce Mixed Vegetables Spring Onions in black bean and chilli sauce Sea Spice Vegetables a) aubergine b) courgette	£6.60 £7.00 £5.80 £5.80

Stir Try

delivery service

Gung-Ho Restaurant

332 West End Lane

West Hampstead

NW6 1LN

bookings and takeaway: 020 7794 1444

delivery:

020 7794 5511

www.gung-ho.co.uk

www.stir-fry.co.uk

Takeaway Menu

Noodles & Rice 100 Shanghai Noodle £9.50 udon noodle with prawns, scallops and squid 101 'Chow Kway Teow' £7.20 ho fun noodle with meat and spices 102 Beef Ho Fun Noodle £7.20 with Chinese cabbage 103 Singapore Fried Vermicelli £7.20 104 **Egg Noodle** *with* a) chicken £7.20 b) beef £7.20 c) king prawns £9.50 105 Stir Fried Egg Noodle £7.20 with mixed meat and shrimps 106 Pan Fried Thin Soft Noodle (v) £5.40 with bean sprouts 107 Mixed Vegetable Noodle (v) £6.40 108 Smoked Chicken Fried Rice £5.40 with pineapple 109 Yang Chow Special Fried Rice £5.40 with shrimps and mixed meat 110 Vegetable Fried Rice (v) £5.40 111 Egg Fried Rice (v) £3.60 112 Steamed Rice (v) £2.80 Side Orders s1 Prawn Crackers £1.50 s2 Pickled Cabbage Salad £2,20 s3 **Duck Sauce** £1.30 **S4 Sweet and Sour Sauce** £1.30 s5 Satay Sauce £1.30 d1 Toffee fruit with Sesame Seeds £3,80 a) apple b) banana c) pineapple d) lychee d5 Sweet Red Bean Pancake £4.90 Drinks

b1 Coca-cola / Diet Coke (330ml)

b5 Tsing Tao Beer (330ml)

b6 Still Mineral Water (750ml)

b7 Sparkling Mineral Water (750ml)

7up / Fanta

£1.30

£2.80

£2.80

£2.80



If you have any concerns regarding food allergies, please inform our staff when ordering.

b) pak choi

c) green beans e) broccoli f) bean sprouts



	Appetisers 前菜	l	Soup 湯類	ı		Prawns and Mushrooms in Oyster Sauce	£10.20	68	Sea Spice Veal Slices with water chestnuts and wood fungi in hot yellow bean sauce	£10.50
1	Crispy Fried 'Seaweed' with grated scallops	£4.80	24 Hot and Sour Soup25 Wonton Soup	£4.10 £4.10	45	Gwo Ta Prawns delicately coated with egg batter in ginger sauce	£10.20	69	Quick Fried Veal Slices with leeks	£10.50
	Sesame Prawn Toast prawn pâté with sesame seeds Spring Rolls	£6.10	26 Sweet Corn Soup a) plain (v) b) with chicken	£3.60 £4.20	46	Sea Spice Prawns with chilli and peppers in hot	£10.20	70	Veal Escalope in lemon and lime sauce	£10.50
J	a) vegetable b) meat	£4.20 £4.20	c) with crab meat 27 Chicken Noodle Soup	£4.60 £3.90	47	yellow bean sauce Ginger Prawns	£10.20			
4	Smoked Chicken Shreds	£6.10	28 Vegetarian Clear Broth (v)	£3.60	48	with spring onion Prawns in Black Bean Sauce	£10.20			
5	crispy smoked chicken in light batter Chicken Wings with peppercorn salt	£5.30	29 Fish Fillet Soup30 Tom Yum Goong	£5.30 £5.30	49	Kung Po Hot Chilli Prawns with water chestnuts, walnuts and	£10.20		Poultry 禽類	
6	Chicken Satay Skewers	£5.80	spicy soup with king prawns			dried chilli Sweet and Sour Prawns	£10.20	71	Crispy Aromatic Duck with pancakes, cucumber and spring	
7	served with peanut sauce Bang Bang Chicken (cold)	£6.10		_		Tropical Prawns	£10.20		onion	642.00
	chicken shreds with cucumber salad in a Szechuan peanut dressing		Seafood 海鮮		52	with mango and lychee Squid in Black Bean Sauce	£9.20		a) quarter b) half	£12.00 £21.00
8	Deep Fried Prawns (4)	£6.00	31 Lobster (whole) 2lbs	£39.90		Sautéed Squid in Szechuan hot bean sauce	£9.20		c) whole	£39.00
	battered prawns served with sweet and sour sauce		served with egg noodle a) with ginger and spring onion			III Szeciluali ilot beali sauce			additional d) pancakes (6)	£1.90
	Salt and Pepper Prawns (6)	£7.20	b) in black bean sauce						e) cucumber and spring onion	£2.00
10	Soft Shell Crab (each) in peppercorn salt	£7.20	32 Steamed Dover Solea) with ginger and spring onion	£17.80		Meat 肉類		/2	Cheng Du Duck braised in sweet plum sauce	£10.50
11	Deep Fried Squid a) salt and pepper	£6.40	b) in black bean sauce33 Wok-Grilled Dover Sole	£17.80	54	Crispy Mongolian Lamb	£11.00	73	Crispy Fried Shredded Duck with ginger, chilli and spring onions	£10.50
	b) with sweet and sour dip	£6.40	with light soy sauce			with iceberg lettuce wraps		74	Gwo Ta Chicken	£8.60
12	Five Spice Spare Ribs seasoned dry ribs	£6.40	34 Gwo Ta Dover Sole filleted in egg batter and light ginger	£17.80		Quick Fried Lamb Slices with spring onion	£9.00		chicken breast delicately coated with egg batter in light ginger sauce	
	Salt and Pepper Spare Ribs	£6.40	sauce with spring onion 35 Steamed Sea Bass	£14.20	56	Hunanese Lamb Slices with spicy honey sauce	£9.00	75	Stir fried Chicken with a) asparagus	£8.60
14	Honey Glazed 'Mo Sak' Ribs in a sticky sauce with star anise and rock sugar	£6.40	filleted a) with ginger and spring onion	214.20	57	Malaysian Rendang Lamb simmered with coconut milk	£9.00		b) pineapple c) mushroom	£8.60 £8.60
15	Dim Sum		b) in black bean sauce		58	Sesame Steak	£12.00	76	Sweet and Sour Chicken	£8.20
	a) vegetable dumplings (v)	£4.20	36 Sweet and Sour Sea Bass filleted	£12.20		with teppanyaki sauce			Chicken in Black Bean Sauce	£8.20
	b) beef Siu Mai c) chicken Siu Mai c) prawn Har Gao	£4.50 £4.80 £4.80	37 Thai Style Sea Bass filleted in sweet chilli sauce	£12.20		Bulgogi Beef Korean style beef slices with onion and sesame seeds	£9.00		Chicken with Ginger and Spring Onion	£8.20
16	Pork Dumplings a) steamed	£5.30	38 Wok-Grilled Salmon Steak with coriander and light soy sauce	£11.20		Crispy Beef Shreds with chilli and carrots	£9.00	79	Sea Spice Chicken with chilli and peppers in hot yellow bean sauce	£8.20
17	b) grilled served with garlic dressing Fried Wonton Pastry (v)	£5.30 £4.40	39 Drunken Fish fillet of plaice in white wine sauce	£9.20	61	Beef in Oyster Sauce with mushrooms and bamboo shoots	£8.50	80	Kung Po Hot Chilli Chicken	£8.20
	served with sweet and sour sauce	20	40 Quick Fried Scallops and Prawns	£10.60	62	Beef in Black Bean Sauce	£8.50		with water chestnuts, walnuts and dried chilli	
18	Vegetable Tempura (v) asparagus, aubergine and baby corn	£5.30	with spring onion 41 'Ganshow' Sautéed Seafood	£10.60		Quick Fried Beef Slices with spring onion	£9.00	81	Almond Chicken in yellow bean sauce	£8.20
19	Served with Kung Po sauce Gold Cup (v)	£5.30	scallops and prawns in tangy and spicy sauce		64	Double Cooked Pork with Chinese cabbage and peppers	£8.50	82	Szechuan Chicken spicy, served with peppers	£8.20
	small diced vegetables served with crispy pastry shells		42 Pan Seared Scallops & Asparagus with black peppercorn	£10.60	65	Cantonese Double Roast	£11.60	83	Gung Ho Chicken Curry Chinese style curry with	£8.20
	Salt and Pepper Tofu (v)	£5.30	43 Sea Spice Scallops & Aubergine	£10.60		boneless duck breast and roast pork with Chinese cabbage			peppers and onions	
21	Malaysian Tofu (v) crispy tofu stuffed with mixed chopped	£4.80	in hot yellow bean sauce			Sweet and Sour Pork	£8.50		Spicy Cashew Chicken	£8.20
22	vegetables and peanut sauce Gado Gado salad (cold) (v) blanched vegetables with	£5.30			67	Mou Shee Pork bamboo shoots, pork, egg and wood fungi with iceburg lettuce wraps	£8.50	85	Lemon Chicken battered chicken breast fillet in lemon sauce	£8.20
2.0	peanut dressing	55, 40								
23	Lettuce Wrap with chicken and chopped vegetables	£6.40								